



Les Archers de Montigny-lès-Cormeilles

Present

3<sup>E</sup> ÉDITION

# RUN ARCHERY 2023

APRIL 15<sup>th</sup> & 16<sup>th</sup> 2023

1st stage of Run Archery Tour 2023



## Registration & information

Registration until Thursday, April 13<sup>th</sup> 2023 on website [www.helloasso.com](http://www.helloasso.com)

Contact : +33 6 86 65 28 00 / [arcmontignylescormeilles@yahoo.fr](mailto:arcmontignylescormeilles@yahoo.fr)

Registration here !



## Prices

Whole stage	25 €
Individual 4K + sprint + club duo relay + team relay	
Saturday	13 €
Individual 4K + Club duo relay	
Sunday	15 €
Sprint qualification rounds + Sprint finals + team relay	
Discovery adults race	5 €
Discovery children race	2 €
Pass Run Archery	3 €

## Schedule

Schedule may be modified due to organisational reasons.

### SATURDAY, 15<sup>th</sup> APRIL

1.00 pm	Check-in
2.30 pm	Individual 4K
5.00 pm	Club Duo Relay
5.30 pm	Awards ceremony

### SUNDAY, 16<sup>th</sup> APRIL

9.00 am	Check-in
10.30 am	Sprint qualification rounds
12.00 am	Discovery races (adults + children)
2.30 pm	Sprint finals
4.30 pm	Team relay
5.15 pm	Awards ceremony



## Montigny-lès-Cormeilles | Stade du Bois Barrais

Car park at the crossroads of « rue de Conflans » and « rue de Beauchamp »

N 48° 59' 39.688" | E 2° 11' 13.039" | 48.994357 ; 2.186955

Train: Station "Montigny-Beauchamp" (line H or RER C), then bus 30-05, stop "Charles de Gaulle RD14"

## Follow us !

Les Archers de Montigny lès Cormeilles

archers\_mlc

<https://archersmontignylescormeilles.fr/>

## Description races

### Individual 4K

3 ends of 4 arrows 2 standing shoots 1 kneeling shoot	4 x 1 km Shooting distance : 18 m Penalty loop : 150 m	15 years old and + Seniors scratch Men and Women
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### Sprint

2 ends of 4 arrows 2 additional arrows if needed 1 standing shoot 1 kneeling shoot	3 x 400 m Shooting distance : 18 m Penalty loop : 60 m	15 years old and + Seniors scratch Men and Women
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### Club duo relay

2 athletes of the same club 1 end of 4 arrows per relayer 2 additional arrows if needed	1 x 400 m per relayer Shooting distance : 18 m Penalty loop : 60 m	15 years old and + Seniors scratch Men and Women
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### Team relay

3 relayers (same or different club) 1 end of 4 arrows per relayer 2 additional arrows if needed	1 x 400 m per relayer Shooting distance : 18 m Penalty loop: 60 m	15 years old and + Seniors scratch Men and Women
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### Discovery adults race

2 ends of 4 arrows 1 standind shoot 1 kneeling shoot	3 x 400 m Shooting distance : 8 m Penalty loop : 60 m	Run Archery initiation Adults (15 years old and +) Men and women
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### Discovery children race

2 ends of 4 arrows standing shoots	3 x 250 m Shooting distance : 8 m Penalty loop : 35 m	Run Archery initiation 11 to 14 years old Men and women
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## Terms

- ➔ Archery permit is required.
- ➔ Equipment will be checked before archers can access the shooting range.
- ➔ Archers need at least 12 arrows. Compound bows are forbidden. Shoots on swinging targets. Sportswears are required.
- ➔ Training starts 30 minutes before the following races : Individual 4K, Sprint qualifiers.
- ➔ Permanent practice field with paper targets.
- ➔ Parental authorisation for minors children : parental authorisation is required. Parents must be present during the event or must provide a certificate to validate the presence of another adult companion.
- ➔ If you participate in this competition, you accept that any pictures on which you appear could be used for run archery promotional purposes.